



**LIVE  
WEBINAR**

**PROBITEC™**  
SMARTER PROBIOTICS

## MASTERCLASS IN PROBIOTICS:

Science, Selection, Strains  
& Clinical Practice

**DATE & TIME**

**TUESDAY  
11 NOVEMBER  
18:00 - 19:00**



**Dr Monique Piderit**

Registered Dietitian (PhD)  
Nutritional Solutions  
Alberton

Join us for an insightful webinar as we delve into the fascinating world of the human microbiome and the critical role of bacteria in maintaining health and wellbeing. Our expert speaker will unpack the latest science behind probiotics, how they work, where they fall short, and how to choose the right strains for specific health outcomes.

### Key discussion points include:

- The microbiome and the importance of bacteria in human health
- Probiotics and their mechanisms of action
- The challenges and limitations of current probiotics
- Understanding probiotic strains: mechanisms and health benefits
- The seven science-backed criteria for choosing an effective probiotic

Don't miss this opportunity to deepen your understanding of probiotics and their place in modern health management.

### PROGRAMME

|               |                                                   |
|---------------|---------------------------------------------------|
| 18:00 - 18:05 | Introduction – Mr Jason Stewart                   |
| 18:05 - 18:45 | Presentation – Dr Monique Piderit                 |
| 18:45 - 18:55 | Q&A Session – Mr Stewart (Moderator) & Dr Piderit |
| 18:55 - 19:00 | Closing & Thanks - Mr Jason Stewart               |

**REGISTER HERE**

**EARN 1 CLINICAL CEU**

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